



March 2016

# PREVENTION

Newsletter for Making Healthy Decisions at Carnegie Mellon University and West Virginia University

## New Curricula For *Your Move* and *Eat Smart* Nearing Completion

The research teams at Carnegie Mellon University and West Virginia University have been hard at work completing the curricula and supporting materials for *Eat Smart* and (in collaboration with the writing team with the Center for Sex Education) *Your Move*. Each intervention consists of 7 lessons taught by a facilitator, personal reflection time for participants to complete individually, video clips, and the use of a mobile app. The full randomized controlled trial will begin July 2016. We are excited to see everything coming together!

### Pilot Testing of New Curricula Planned for April 2016

Pending approval by the internal review boards (IRBs) at WVU and CMU as well as medical accuracy approval from the Office at Adolescent Health, we plan to pilot test both new interventions throughout the month of April with the support of several youth-serving organizations in the Pittsburgh Area.

*Society has the responsibility to provide young people with all of the tools they need to safeguard their sexual health, and young people have the responsibility to protect themselves.*

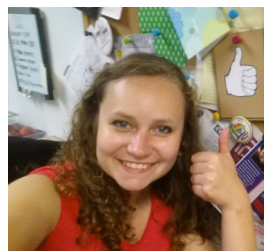
- Advocates for Youth



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## PARTNER SPOTLIGHT: Planned Parenthood of Greater Ohio (PPGOH)



We are pleased to be partnering with PPGOH for Making Healthy Decisions. Several health educators from the PPGOH Education and Outreach Department will be trained as facilitators to implement *Your Move* and *Eat Smart* during the randomized controlled trial beginning July 2016. This department is composed of 24 dedicated individuals throughout the 68-county PPGOH affiliate area. Their Community Education Managers, Health Educators, Community Health Workers, and External Affairs team serve a variety of diverse communities through a number of educational and outreach-based programs. Last year, they reached 45,183 Ohioans! We're so glad to have them on board.

### OAH Teen Pregnancy Prevention (TPP) Program:

- 1st cohort of 102 grantees from 2010 - 2015 reached 39 states and Washington, DC and served 140,000 adolescents and young adults per year
- 2nd cohort of 81 grantees began funding in July 2015 and expects to reach 290,000 adolescents and young adults per year
- Currently there are 35 evidence-based TPP programs, including *Seventeen Days*

### Contact Us

Is there anything you'd like to see in the next newsletter? Do you have questions about items in this newsletter? Let us know by emailing Dr. Amie Ashcraft at [amashcraft@hsc.wvu.edu](mailto:amashcraft@hsc.wvu.edu).

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It is intended for project staff and partners and should not be shared with TVS or MHD research participants.