February 2016

PREVENTION

Newsletter for Teen Video Study/Making Healthy Decisions at Carnegie Mellon University and West Virginia University

Our Name is Changing!

We are excited to share that we are changing our name from "Teen Video Study" to "**Making Healthy Decisions**." The new name is a better fit with our recently-funded OAH project to design and evaluate a curriculum-based intervention for adolescent girls. We are finalizing the content of the new sexual health intervention as well as the nutrition control intervention. The individual interventions have received official titles, too: the sexual health intervention will be called ***Your Move***, and the nutrition intervention is ***Eat Smart***.

Coming Soon: *Seventeen Days* Training

We are partnering with **dfusion** to create a *Seventeen Days* blended training for educators and program staff to prepare them to effectively implement the DVD or mobile app version of *Seventeen Days* in their communities.

> ***"By preventing teen and unplanned pregnancy, we can significantly improve other serious social problems including poverty, child abuse and neglect, father-absence, low birth weight, school failure, and poor preparation for the workforce."***
>
> - The National Campaign to Prevent Teen & Unplanned Pregnancy

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PARTNER SPOTLIGHT:

Planned Parenthood of Western Pennsylvania (PPWP)

PPWP Education Department (l-r): Katie Horowitz, Jose Garth, Stephanie Corey, Alyssa Kinney

We are proud to partner with PPWP to implement and evaluate our new intervention, *Your Move*. The PPWP Education Department loves baked goods, playing zip zap zop with their students, Thai food, interspecies friendship videos on YouTube, bonobos, and critical thinking skills. Jose Garth and Stephanie Corey run the 25-year old peer education program, Peer Helpers; Alyssa Kinney is their magnificent Community Educator who teaches in school and community-based sites across Pittsburgh; and Katie Horowitz is the VP for Education, working to keep their education machine rolling on down the road. The team will serve as facilitators for both the *Your Move* and *Eat Smart* interventions for participating organizations from the Pittsburgh area in our randomized controlled trial.

Facts About Teen Pregnancy (ages 15-19) in the US:

- In 2010, an estimated 614,400 teenagers became pregnant, about 89,300 had miscarriages, and 157,500 had legal abortions
- In 2013, a total of 273,105 babies were born to women for a live birth rate of 26.5 per 1,000 women in this age group
- As of 2014, the teen birth rate was 24 births per 1,000 teens and there were 249,078 births to teen girls

(Source: The National Campaign to Prevent Teen & Unplanned Prgenancy)

Contact Us

Is there anything you'd like to see in the next newsletter? Do you have questions about items in this newsletter? Let us know by emailing Dr.Amie Ashcraft at amashcraft@hsc.wvu.edu.

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It is intended for project staff and partners and should not be shared with TVS research participants.