



PREVENTION

Newsletter for Teen Video Study/Making Healthy Decisions at Carnegie Mellon University and West Virginia University

New MHD Trailer Coming Soon!

We are finalizing the new Making Healthy Decisions trailer with our video production partner, Moment Media. This 3-minute video introduces the Making Healthy Decisions project and its two programs, *Your Move* and *Eat Smart*. It will be a great resource to share with your staff and the girls in your programs to give them a feel for what this technology-based project is all about. We think you'll agree: they aren't like any other educational programs you've ever seen! We expect the trailer to be finished the week of December 19th and will send the web link to all our MHD partners as soon as it is available.



Expanded Group Sizes for Making Healthy Decisions

We have expanded the group sizes for participants in MHD. Each group can enroll 7-13 girls (instead of the previous 8-12). If your CBO has 14 girls or more interested in participation, we'll divide them into multiple groups.



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Pictured above: Jayla and Brittney from Making Healthy Decisions

Partner Spotlight:

youthplaces

This month we are featuring one of our partner CBOs for Making Healthy Decisions, YouthPlaces. YouthPlaces is a community-based organization throughout Pittsburgh and Allegheny County that provides after-school programming for approximately 4,000 teens from high-risk and underserved communities. Their programming efforts include physical fitness, academic enrichment, career development, and leadership development. We are excited to have 12 YouthPlaces sites as CBO partners for Making Healthy Decisions, and their programs will be implemented by Planned Parenthood of Western Pennsylvania.



*Happy holidays and we'll see you in
February 2017!*

Facts about teen pregnancy in Alabama

- Alabama was ranked 16 out of 51 (50 states + DC) in teen pregnancies among girls ages 15-19.
- 16% of girls ≤ 19 years old who gave birth were doing it for the second time (or more)
- 14% of high school students report not using any contraception at all during their last sexual intercourse.

(Source: Martin et al. (2015). Births: Final Data for 2014. Hyattsville, MD: National Center for Health Statistics.)

Contact Us

Is there anything you'd like to see in the next newsletter? Do you have questions about items in this newsletter? Let us know by emailing Dr. Amie Ashcraft at amashcraft@hsc.wvu.edu.

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This newsletter is intended for project staff and partners and should not be shared with research participants.